



www.HistoricInnsofRockland.com
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HISTORIC INNS OF ROCKLAND FEATURE FIRST GREEN PIE PARADE

Inn to Inn Tour offers eco-friendly culinary adventure that goes green to give green to the local Food Pantry

Rockland, ME – –Systematically, tenaciously and pie by pie, the Historic Inns of Rockland, Maine are working hard to reduce global warming in Maine. The Berry Manor Inn, Captain Lindsey House and LimeRock Inn have been certified by the State of Maine as Hospitality Environmental Leaders, making them the first known B&B association in New England totally dedicated to sustainable eco-tourism. With programs ranging from offsetting their carbon footprint to distribution of ENERGY STAR compact fluorescent



light bulbs to every guest, the Historic Inns of Rockland are carrying their green theme over to the upcoming **Pies on Parade, Inn to Inn Pie Tour** Event on January 25, 2009, 1:00-4:00pm. This year, tourgoers will enjoy pie served with totally natural and biodegradable, fully compostable plates made of all-natural sugar cane stalks and disposable silverware created

from bio-based resins and potatoes. Waste from the event will be composted locally at participating inns. Where ever possible, pies will be made from locally purchased products including lobster and scallops (for Captain Lindsey House's famous Seafood Pie) purchased from local fishermen. All proceeds from the Pies on Parade Event will benefit Rockland's Area Interfaith Outreach Food Pantry, keeping proceeds local to provide food and heating assistance for Midcoast Maine families.

More than \$8500 has been donated to feed the needy through this event in the past, offering enough help to provide food for 100 needy Midcoast families for a year for four years in a row, when matched with national grants. In June, 2007, the Food Network

named Rockland Pie Town USA when renowned chef, Bobby Flay, came to challenge the “Pie Moms” to a Throwdown.

Those visiting Historic Inns of Rockland during the January 25 Pies on Parade Inn to Inn Tour, will be treated to such traditional pies as cherry, apple, and berry pies. For those who care for something a little less traditional, fabulous pies such as Raspberry Cheese Pie, Kiwi Berry Tart, or Sun Dried Tomato and Goat Cheese Breakfast Pie and Seafood Pie will be offered, along with some recipes, so tour goers can make pies at home. Demonstrations and creative pie making tips will take place at the inns during the tour, along with plenty of pie sampling. Tickets for the Pies on Parade Inn to Inn Tour are \$20 for adults and \$10 for children ten and under. Tickets are still available from participating inns, and include a recipe collection, and plenty of pie to sample. Additionally, the Historic Inns of Rockland’s new cookbook, *INNdulgences*, will be sold at the event and on sale for \$15.00.

The list of Historic Inns of Rockland’s environmentally-friendly practices is long, ranging from widespread use and distribution to guests of compact fluorescent bulbs and solar lighting to donation and recycling of old towels, clothing, shampoo and soaps to local charities. The group has collectively negotiated a contract for use of bio-fuel for heating oil, and instituted creative recycling programs for inn and guest products ranging from bottles to office products. Yet still this group has taken the green scheme beyond changing light bulbs and recycling. Beginning last fall, the three Historic Inns of Rockland started making a three-dollar-per-guest donation to eco-friendly local organizations as a means to offset their own carbon footprint.

For more information on Historic Inns of Rockland’s Pies on Parade event and their eco-friendly hospitality, visit www.HistoricInnsofRockland.com. To purchase Pies on Parade tickets or learn more about the event, call 1-877-ROC-INNS (877-762-4667).

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